



Musculoskeletal Ultrasound: Advanced Interventions & Regenerative Medicine

January 30 - 31, 2025

Thursday, January 30, 2025		
7:45	Welcome and Continental Breakfast	
8:00	Interactive Polling Session	
8:10	Tendinopathy and Ultrasound-Guided Tenotomy	Jon Jacobson, MD, RMSK
8:55	Break	
9:10	Prolotherapy: General Principles & Practical Applications	David Wang, DO
9:55	Break	
10:10	PRP: General Principles & Practical Applications	Tariq Awan, DO
10:50	Break	
11:00	Bone Marrow & Lipoaspirate: General Principles & Practical Applications	Tariq Awan, DO
11:50	Lunch Provided for All Participants	
12:50	All Participants Gown for Cadaver Lab	
1:00	Hands-On Scanning: Interventional Cadaver Lab UE & LE Injection Techniques & Bone Marrow/Lipoaspirate*	
5:00	Adjourn	

* **Bone Marrow & Lipoaspirate scan lab rotations REQUIRE advanced registration.** Please indicate on your information sheet if you wish to participate in these rotations during the interventional cadaver lab.



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Friday, January 31, 2025		
7:30	Continental Breakfast	
7:45	Introduction to Spine Ultrasound: SI Joints & Facets Anatomy and Scan Techniques	David Wang, DO
8:30	Break	
8:40	Introduction to Ultrasound Evaluation of Peripheral Nerves	Jeffrey Strakowski, MD
9:20	Break-Out Groups	
9:25	Group A – Scan Lab Hands-On Scanning Standardized Patient Models Peripheral Nerve	Group B – Main Lecture Room Advanced MSK US Case Studies David Wang, DO
	Break & Switch Groups	
10:30	Group A – Main Lecture Room Advanced MSK US Case Studies David Wang, DO	Group B – Scan Lab Hands-On Scanning Standardized Patient Models Peripheral Nerve
	11:30 Regenerative Medicine Interventions: Knee OA, rotator cuff tears, epicondylitis, jumpers knee & Achilles tendon injuries	
		Tariq Awan, DO
12:20	Interactive Post Polling Session with Discussion	
12:30	Lunch On Your Own	
1:25	Break-Out Groups	
1:30	Group A – Main Lecture Room Regenerative Medicine Procedures Live Patient Demos Performed by: John Broussard, DO & Tariq Awan, DO	Group B – Scan Lab Hands-On Scanning Standardized Patient Models Spine or Choice of Joint
	2:30 Break & Switch Groups	
2:35	Group A – Scan Lab Hands-On Scanning Standardized Patient Models Spine or Choice of Joint	Group B – Main Lecture Room Regenerative Medicine Procedures Live Patient Demos Performed by: Tariq Awan, DO & John Broussard, DO, CAQSM
	3:35 Choose Your Track	
	Main Lecture Room Regenerative Medicine Procedures Live Patient Demos Performed by: John Broussard, DO, CAQSM	Scan Lab Hands-On Scanning Standardized Patient Models Choice of Joint
	4:30 Adjourn	

** This is a tentative course itinerary. Lecture faculty, times and dates may be subject to change. Times listed are Eastern Time (ET).



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The Gulfcoast Ultrasound Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Gulfcoast Ultrasound Institute designates this live educational activity for a maximum of 16.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only credit commensurate with the extent of their participation in the educational activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

This course also meets CME / CEU requirements for ARDMS. Note: While offering the CME credit hours noted above, activities are not intended to provide extensive training or certification for exam performance or interpretation.

NEEDS STATEMENT:

The planning committee has determined a need for the following educational activity based on request from the medical community, expanded utilization of ultrasound, and lab accreditation requirements.

COURSE OBJECTIVES:

At the completion of the program the participant should be able to:

1. Increase the participant's knowledge to better perform and / or interpret MSK ultrasound exams.
2. Increase confidence to incorporate protocols, advanced scan techniques, and regenerative medicine applications to improve diagnostic/treatment accuracy.
3. Interpret complex musculoskeletal ultrasound images and list treatment options and patient management strategies.
4. List protocols for ultrasound evaluation and treatment options of the spine.
5. Demonstrate the principles of injection techniques for the performance of upper and lower extremity and spine MSK interventions on cadaver models.
6. Outline the biology and evidence for use of various regenerative substances.
7. Prepare regenerative substances for performing ultrasound-guided procedures.
8. State the role of ultrasound in nerve entrapment syndromes.

While offering CME credits this activity is not intended to provide extensive training or certification for performing or interpreting musculoskeletal examinations. We recommend working under supervised conditions until an accepted level of proficiency has been achieved.

Special thanks to the following commercial companies who provide various (in kind) support to help make this program possible (companies listed are as of the time of printing)



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Disclosure of Presence/Absence of Relevant Financial Relationships with Ineligible Companies for Individuals in Control of Content

Gulfcost Ultrasound Institute, Inc. endorses the Standards for Integrity and Independence in Accredited Continuing Education of the Accreditation Council for Continuing Medical Education (ACCME) for all activities. All individuals in control of content are required to disclose any financial relationships with ACCME defined ineligible companies, regardless of the amount. Full disclosure of the presence or absence of relevant financial relationships with ineligible companies is outlined in the course materials and will be verbally disclosed to all learners during opening remarks.

LECTURING FACULTY:

**Jon Jacobson, MD, RMSK
(GUI QI Task Force Subcommittee)**

Professor of Radiology
University of California
San Diego, CA
Musculoskeletal Radiologist
Lenox Hill Radiology
New York, NY

No relevant financial relationships to disclose

John Broussard, DO, CAQSM

Alliance Regen & Rehab
St. Petersburg, FL
No relevant financial relationships to disclose

David Wang, DO

Director of Training and Education
Regenerative Orthopedics and Sports
Medicine
McLean, VA
No relevant financial relationships to disclose

Jeffrey Strakowski, MD

(GUI QI Task Force Subcommittee)
Clinical Professor, Department of PM & R
The Ohio State University
Associate Director of Medical Education,
Department of PM & R
Ohio Health Riverside Methodist Hospital
Columbus, OH
No relevant financial relationships to disclose

Tariq Awan, DO

DMC Orthopedic & Sports Medicine
Troy, MI
No relevant financial relationships to disclose

Content:

All content for this CME activity were reviewed and approved by member(s) of the GUI staff to determine content validity and ensure that no commercial bias exists prior to final course material compilation and printing.



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Disclosure of Presence/Absence of Relevant Financial Relationships with Ineligible Companies for Individuals in Control of Content

In addition to the faculty listed on the previous page, the following individuals are recognized by GUI as being in control of content of this program:

James Mateer, MD, RDMS (Medical Director-planner & QI Task Force)

Medical Director, Gulfcoast Ultrasound Institute
Milwaukee, WI

No relevant financial relationships to disclose

Charlotte Derr, MD, RDMS, FACEP, FPD-AEMUS (Co-Medical Director-planner & QI Task Force)

Professor of Emergency Medicine
Fellowship Director of Advanced Emergency Medicine Ultrasound Fellowship Program
University of South Florida Morsani College of Medicine
Tampa, FL

No relevant financial relationships to disclose

Andreas Dewitz, MD, RDMS (Member of Advisory Board & QI Task Force Subcommittee)

Clinical Professor of Emergency Medicine
Clinical Director of POCUS Education, Solomont Simulation Center
Department of Emergency Medicine
Boston Medical Center
Boston, MA

No relevant financial relationships to disclose

Lori Green, BA, RDMS, RDCS, RVT (Program Director-planner, Content Reviewer, QI Task Force)

Gulfcoast Ultrasound Institute, Inc.
St. Petersburg, FL

No relevant financial relationships to disclose

Trisha Reo, AAS, RDMS, RVT (Program Coordinator-planner, Content Reviewer, QI Task Force)

Gulfcoast Ultrasound Institute, Inc.
St. Petersburg, FL

No relevant financial relationships to disclose

Mark Swanson, RDMS, RVT (Senior Clinical Instructor/Product Specialist-planner, Content Reviewer, QI Task Force)

Gulfcoast Ultrasound Institute, Inc.
St. Petersburg, FL

No relevant financial relationships to disclose

Hands-On Instructors:

At the time of printing **all hands-on instructors for this program have signed disclosure forms and have no relevant financial relationships to disclose.** A verbal disclosure will be made during opening remarks. All scanning sessions are monitored by the Program Director and/or Program Coordinator to ensure education objectives are met and no commercial bias occurs.

Reviewed & approved:

Lori Green BA, RDMS, RDCS, RVT

Trisha Reo AAS, RDMS, RVT



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Welcome!!

The entire staff at Gulfcoast Ultrasound Institute would like to welcome you to our educational facility.

Our goal is to provide the highest quality continuing education possible in a relaxed and personal atmosphere. The content of each program has been carefully planned to provide you with the information needed to obtain a firm foundation to begin gaining the experience to perform and/or interpret ultrasound examinations in the specialty of your choice. The program will be structured with lectures in the morning and hands-on sessions during the afternoon to allow more individualized attention the program participants will be divided into groups for the hands-on workshops based on your experience level and type of equipment you work with.

To help you get the most out of this program we would like to make the following recommendations:

1. Attend the lectures and scheduled hands-on sessions.
2. When you are not involved in a scheduled afternoon session, take advantage of the SUPPLEMENTAL SCANNING WORKSHOP or check out a DVD from our library.
3. If you do not understand a particular concept ASK FOR HELP!
4. Study your course workbook during the evening.
5. Remember excellence is not achieved overnight. Becoming proficient in any ultrasound specialty requires the commitment to continually study, and perform multiple (at least 100) exams before an initial level of confidence is achieved. The AIUM guidelines suggest competency for interpretation requires a minimum of 500 exams per specialty.
6. Begin scanning immediately upon return to the ultrasound departments even if it's on a volunteer. We recommend scanning/interpretations under supervised conditions until an accepted level of proficiency has been obtained.

All of our instructors, guest speakers and office staff are here to serve you! If you have any questions of any kind, please do not hesitate to ask.



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Gulfcoast Ultrasound Institute **EQUIPMENT RECOMMENDATIONS**

Since 1985, Gulfcoast Ultrasound Institute has taken great pride in our ability to provide quality continuing education programs while remaining unbiased regarding the recommendation of ultrasound equipment.

Our programs are supported by most of the major equipment manufactures by providing their systems for use during the hands-on sessions. These companies have learned their products will be used and demonstrated to the best of our abilities in an educational setting and that no selling or promotion is done on our premises.

We realize that some of the course participants may currently be in the process of evaluating equipment for purchase and would like the opinions of our staff to determine the “best” system for your department. Everyone has a “favorite” ultrasound system (usually because it is the one they have worked with the most and are comfortable with) however, Gulfcoast Ultrasound must take an unbiased position in regards to equipment recommendations.

If you are currently evaluating equipment for purchase, we suggest you invite the equipment manufacturers to your facility for a private demonstration to determine image quality, ease of use, over-all capabilities etc. on an individual basis.

Thank you!

Lori Green BA, RDMS, RDCS, RVT

Lori Green, BA, RDMS, RDCS, RVT
Program Director